



MI-AIMH Endorsement: Recommended and Suggested Resources In Preparation for the Endorsement Exam, Levels 3 & 4

Many infant and family professionals have asked the MIAIMH Endorsement Committee for a reading list to guide them in preparing for the 3-hour exam that is required for endorsement at levels 3 and 4. Members of the committee have prepared a brief list of recommended readings that we believe are essential for endorsement. Additional suggestions are included for further reference and study.

Please keep in mind that it is impossible to list all of the written materials that provide a solid foundation for understanding and promoting infant mental health! It is equally important to remember that each infant mental health professional builds a personal knowledge base over time and in relationship to specific work experiences and challenges, e.g. clinical case work, home visiting practice, supervisory role, training, teaching, research. Finally, and perhaps most important, the integration of knowledge into one's best practice takes place within the context of regularly scheduled, reflective supervision or consultation experiences.

Recommended:

Bowlby, J. (1988) . A Secure Base: Parent-child Attachment and Healthy Human Development. New York: Basic Books, Inc.

Davies, D. (2004). Child Development: A Practitioner's Guide, 2nd Edition. New York: The Guilford Press.

Erickson, M. & Kurz-Riemer, K. (1999). Infants, Toddlers, and Families. New York: The Guilford Press.

Fraiberg, S. & Adelson, E. (1977). An abandoned mother, an abandoned baby. Bulletin Menninger Clinic, 41, 162-180

Fraiberg, S., Adelson, E. & Shapiro, V. (1975). Ghosts in the nursery. Journal of American Academy of Child Psychiatry, 14m 387-421.

Shirilla, J. & Weatherston, D. (Eds.) (2002). Case Studies in Infant Mental Health: Risk, Resiliency, and Relationships. Washington, D.C.: Zero to Three Press.

Weatherston, D. & Tableman, B. (2002). Infant Mental Health Services: Supporting Competencies/Reducing Risks 2nd Edition. Southgate: Michigan Association for Infant Mental Health

Zeanah, C. H. (Ed.) (2000). Handbook of Infant Mental Health, 2nd Edition. New York: The Guilford Press.

Zero to Three, National Center for Infants, Toddlers and Families (1997). Diagnostic Classification:0-3) Casebook, Arlington, VA.: Author.

Additional Suggestions:

Greenspan, S. I. (1985) First Feelings: Milestones in the Emotional Development of Your Baby and Child. New York: Viking.

Heffron, M.C. (2005). Reflective supervision in infant, toddler, and preschool work. In K. M. Finello (Ed.). The Handbook of Training and Practice in Infant and Preschool Mental Health. San Francisco: J. Jossey-Bass .

Hirshberg, L. (1996). History-making, not history-taking. In S. Meisels & E. Fenichel (Eds.), New Visions for the Developmental Assessment of Infants and Young Children. Washington, D.C.: Zero to Three.

Lieberman, A. (1993). The Emotional Life of the Toddler. New York: The Free Press.

Lieberman, A. & Zeanah, C. (1999). Contributions of attachment theory to infant-parent psychotherapy and other interventions with infants and young children. In J. Cassidy & P. Shaver (Eds.), Handbook of Attachment. New York: Guilford Press.

McDonough, S. (1993) Interaction guidance: Understanding and treating the early infant-caregiver relationship disturbances. In C. Zeanah, Jr. (Ed.), Handbook of Infant Mental Health. New York: Guilford Press.

Michigan Association for Infant Mental Health. (2005). Guidelines for Comprehensive Assessment of Infants and Their Parents in the Child Welfare system. Southgate, MI.

Osofsky, J. & Fitzgerald, H. (Eds.) WAIMH Handbook for Infant Mental Health. New York: Wiley, Inc.

Pawl, J. (1995). The therapeutic relationship as human connectedness: Being held in another's mind. Zero To Three Bulletin, 15, 3-5.

Schafer, W. (1992). The professionalization of early motherhood. In E. Fenichel (Ed.), Learning Through Supervision and Mentorship. Zero to Three, 67-75.

Trout, M. (1982). The language of parent-infant interaction. In J. Stack (Ed.), The Special Infant. New York: Human Sciences Press.

Wright, B. (1986). An approach to infant-parent psychotherapy. Infant Mental Health Journal, 7 (4), pp. 247-263.

Other Resources Include:

Measures of infant development and family capabilities, e.g. Ages & Stages Questionnaire (ASQ), HELP Strands, Infant and Toddler Developmental Assessment (IDA)

Infant Mental Health Journal

Journal for ZERO TO THREE (formerly, the Bulletin for ZERO TO THREE), www.zerotothree.org.

Trout, M. video series, "Awakening and the Growth of Attachment".