

## ***Preparing for the MI-AIMH Endorsement Examination***

Part I – Multiple Choice Questions

Part II – Response to Clinical Vignettes

### **What Should You Study?**

1. Your work experiences with infants and toddlers and families, where you are working from a relationship-based perspective to promote infant mental health, are crucial.
2. Your experience of reflective supervision is a second important guide.
3. Your study of the following topics, learned in a university program, through in-service trainings and self study is the third component:
  - a. Attachment theory and early relationship development.
  - b. Caregiving practices and caregiving behaviors.
  - c. Family, parenting and child care issues.
  - d. Infant and toddler development in all domains: social, emotional, cognitive, language, and physical.
  - e. Temperament.
  - f. Indicators of risk and capacity in infancy, early childhood, and early parenthood.
  - g. Infant mental health practice.
  - h. Infant mental health assessment and treatment approaches.
  - i. Cultural diversity.
  - j. Pregnancy and childbirth.